



Kayak Support Trip Gear List

WHAT HATCH PROVIDES

- **Sleeping Kit** – This kit is in a waterproof bag with a sleeping bag, sheet liner, pillow, and ground cloth.
- **Sleeping Pad** – This is stored on the boats and does not need to fit into your waterproof bag.
- **Insulated Mug** – Good for coffee, tea, juice, or your evening cocktail. It is yours to keep.
- **Tent** – You will be provided one 3-person tent per two people. Additional tents are available for a fee. Plan on sleeping underneath the stars weather permitting.
- **Life Jacket** – All trip participants are required by the National Park Service to wear a Hatch River Expeditions life jacket.
- **Carabineer** – This is handy for attaching items to the boat such as your day bag and a water bottle. Also yours to keep.
- **Chairs** - For relaxing in camp.

YOU NEED TO BRING

This clothing list is recommended for ALL seasons. Don't be frustrated if you bring something you don't use. We want you to be prepared for every kind of weather, even in July. Although the air temperature in the Grand Canyon can often exceed 100 degrees during the summer months, the river temperature is a constant 47-52 degrees. Combine a cloudy, windy, or rainy summer afternoon with the cold river water and you will understand why you need to be prepared for all extremes. With this in mind, pack according to your own tolerance for heat and cold. It is difficult for us to advise you of exact quantities as everyone has different needs. Base quantities on trip length, your personal tolerance to heat and cold, and the size of the bags we provide you. See "weather" on Additional Information sheet.

- **Rain Jacket and Rain Pants** – Rain gear is used for protection not only from rain showers, but also wind and rapids. Look for rubberized rain gear with sealed seams and fitted wrist and leg cuffs. Tip: Not all Gore-Tex is 100% waterproof. Do not bring ponchos or plastic rain suits.
- **Polypropylene Long Underwear Set** - Polypropylene, capilene, and microfleece will keep you warm when you are wet. You will wear this under your rain suit for warmth while on the river.
- **Long Sleeve Shirt and Pants** – A loose fitting long sleeve T-shirt or a button down shirt made of cotton or synthetic fabric and lightweight synthetic pants in light colors will provide needed sun protection.
- **Quick Drying Shorts** – Swim trunks and loose nylon shorts dry quickly. Cotton shorts are not recommended for wearing on the boat.
- **Shirts** – Cotton T-shirts and tank tops work well because as they dry they provide evaporative cooling to the body; an advantage during the summer months.
- **Bathing Suit** – Men can wear swim trunks as shorts. Most women like to wear a bathing suit under clothing. A two-piece suit is most convenient when using the restroom.
- **Hat** – A large brim hat is best for sun protection. Make sure the hat has a secure strap so that you will not lose it in the wind or in rapids.

- **Camp Wear** – Bring something comfortable to wear in camp. Many people prefer cotton clothing after a wet day on the boats.
- **Socks** –Bring a cotton/synthetic blend to wear for hiking. Lightweight socks are good on the boats for sun protection. On May and September trips, you may like a pair of neoprene booties or wool socks for warmth.
- **Shoes** – You will need shoes for both hiking and boat wear. If you are hiking into or out of the canyon, you will need shoes that are sturdy and supportive. Most hikes are on trails that are not maintained and cross-streams or pools of water. Bring hiking shoes that you can get wet! A low hiker or trail shoe should do the trick and not be too heavy or cumbersome. Do not bring heavy leather hiking boots. Shoes must be worn at all times on the boat. Recreational sport sandals that are well made are the best. Always allow for proper break in time for any shoe you are bringing.
- **Synthetic Fleece Top and Bottom** - These are only necessary for May and September/ October trips. However, if you tend to get cold easily, you might want to pack these items in the summer.
- **Polypropylene Gloves and Hat** – Again, these are only necessary in the cooler months. Some customers like lightweight cotton gloves in the summer for climbing on hot rocks, sun protection, and protection from chafing.
- **Water Bottles or Hydration Pack** – 3 Quarts are required for hiking into or out of the canyon. Plastic Evian-type bottles are not recommended. Hard plastic Nalgene-type bottles are best. Each bottle should have a strap or you must be able to carry it in your pack for hands-free hiking. If you bring a hydration pack, make sure that you bring a spare bottle as a back up.
- **Sunglasses** – You must have an adjustable retainer to prevent loss during the rapids.
- **Small Frameless Daypack** – For use on side hikes to carry your water and camera. This must be able to fit inside your day bag.
- **Sun block and Lip Balm** – Waterproof SPF 30 is preferred. We recommend chemical free sunblock for the face.
- **Headlamp or Flashlight**- Headlamps are great for hands-free movement around camp.
- **Personal Toiletries** – Toothbrush, paste, shampoo, soap, feminine hygiene products, tissues, lotion, small quick dry towel and washcloth.
- **Medications**- It is recommended to split your prescriptions in two containers for safekeeping. If you have medications that need refrigeration let our guides know when you arrive at the river and they can put them on ice for you. You will have access to a fully stocked first aid kit, however if you regularly take over the counter medication you may want to bring them with you.

Oh, and remember to bring a great attitude and an appetite for fun! See you on the river!